

HOT

Choose plates from the belt or order hot food. Seven colours, seven prices. We'll count up the plates for you to pay.

	£2.00		£5.00
	£2.70		£6.00
	£3.60	sumo size it bowls £8.00	
	£4.10		
	£4.50		

Soups

Miso 60kcal (unlimited refills). **£2.20**

New! **Miso Dumpling Ramen / Rice** 345kcal/277kcal
Vegetable gyoza, ramen noodles or rice, miso broth, chilli sesame oil.

Spicy Seafood Udon / Rice 316kcal/281kcal
Shrimps, salmon, vegetables, udon noodles or rice, spicy broth.

New! **Beef Curry Ramen / Rice** 378kcal/364kcal
Beef, vegetables, ramen noodles or rice, curry broth, chilli sesame oil.

Katsu Curry

Deep fried in Panko (Japanese breadcrumbs). Katsu curry served with rice and a mild curry sauce.

Tofu Katsu Curry 490kcal
Fresh tofu katsu with rice, a mild curry sauce and spring onion.

Chicken Katsu Curry 519kcal
Chicken, rice, mild curry, red ginger.

Prawn Katsu Curry 380kcal
Prawn, rice, mild curry, red ginger.



Visit: www.yosushi.com/nutrition for full allergen info & sumo kcals, or ask a YO! Team Member
 ♻️ Vegetarian 🥚 Contains nuts
 kcal – total per portion

Katsu

Deep fried in Panko (Japanese breadcrumbs).

Pumpkin Katsu 130kcal
Breaded pumpkin croquettes, fruity sauce.

Chicken Katsu 164kcal
Chicken thigh, Panko, fruity sauce.

Prawn Katsu 122kcal
Prawns, Panko, fruity sauce.

Katsu Selection 197kcal
Prawn, chicken, pumpkin, fruity sauce.

Hokkaido Scallop Katsu 277kcal
Crispy Japanese breaded scallops, yuzu mayo.

Tempura

Seafood or vegetables deep fried in a light crisp batter.

New! **Tilapia, Oba & Ponzu Tempura** 86kcal
Tilapia, oba leaf, ponzu sauce.

Soft Shell Crab 181kcal
Soft shell crab, sweet chilli mayo.

Vegetable 136kcal
Aubergine, carrot, oba leaf, red & spring onion, harusame sauce.

Popcorn Shrimp 342kcal
Glazed shrimps, creamy miso sauce.

Rice

Short grain sushi rice, Asian vegetables.

Firecracker Vegetable 339kcal

Firecracker Salmon 411kcal

Steamed Rice Available 304kcal

We're obsessed with bringing you the best sushi. We insist on using the finest ingredients. We know exactly where our food comes from. From produce to plate, from sea to sushi, only the freshest and tastiest survive.



THERE ARE NO ENDANGERED FISH ON THIS MENU
SUPPORT PROJECT OCEAN
selfridges.com/projectocean

...or NOT

off the belt

Noodles

Yakisoba noodles, Asian vegetables, mild tangy sauce.

Vegetable Yakisoba 189kcal

Chicken Yakisoba 282kcal

Naked Noodles Available 158kcal

Steamed Buns

Light and fluffy Oishii buns.

Kimchee Salmon 248kcal
Salmon marinated in kimchee, mayo, coriander, spring onions, sesame.

Hoisin Duck 226kcal
Shredded roast duck, hoisin sauce, spring onion, coriander, sesame.

Classics

Hot favourites.

Beef & Garlic Teriyaki 227kcal
Crispy premium beef glazed in garlic teriyaki sauce.

Chicken Teriyaki 300kcal
Grilled chicken, sweet & sticky soy sauce.

Takoyaki 171kcal
Battered octopus balls, mayo, red ginger, bonito flakes, aonori, katsu sauce.

Gyoza

Dumplings served with dipping sauce.

Vegetable Gyoza 111kcal
Vegetable dumplings, soy & vinegar sauce.

Chicken Gyoza 119kcal
Chicken dumplings, soy & vinegar sauce.

Duck Gyoza 132kcal
Duck dumplings, hoisin sauce.

Sashimi

Slices of premium seared or raw fish & meat.

Salmon & Yuzu Tartar 174kcal
Salmon, seaweed caviar, salmon keta roe tartar, coriander dressing.

Seared Tuna & Caviar 112kcal
Marinated in sake & soy, oba & arenka caviar.

Beef Tataki (4 slices) 159kcal
Black pepper seared beef, coriander dressing.

Salmon (5 slices) 140kcal

Salmon & Yuzu Salsa (5 slices) 102kcal
Salmon, cucumber, tomato salsa, ponzu.

Salmon Selection 215kcal
3 sashimi, 2 nigiri, 2 maki.

New! **Albacore Tuna & Truffle Ponzu** (4 slices) 86kcal
Seared white tuna, herbs, truffle ponzu, shichimi.

Yellowfin Tuna (3 slices) 65kcal

Tuna Tataki & Ponzu (4 slices) 72kcal
Pepper seared Yellowfin, chilli daikon, crunchy shallots.

Nigiri

Two pieces of rice with topping.

Tamago 262kcal
Sweet egg omelette.

Inari Pocket 102kcal
Sweet soy bean curd pocket, rice.

Salmon 97kcal
Salmon, wasabi.

New! **Albacore Tuna** 91kcal
Seared white tuna, herb mix, truffle ponzu, shichimi.

Seared Beef 102kcal
Seared rare beef, mayo, shichimi.

Prawn 137kcal
Prawn, wasabi.

Nigiri Selection (1 of each) 161kcal
Yellowfin tuna, salmon, prawn, wasabi.

New! **Nigiri & Maki Selection** (6 pieces) 228kcal
Premium cut salmon, tuna and prawn nigiri, with cucumber and avocado maki.

Kaiso Gunkan 107kcal
Su-miso marinated seaweed, wrapped in nori.

Rolls

Large & small seaweed (nori) rice rolls.

Avocado Maki 131kcal
Mayo.

Cucumber Maki 93kcal
Sesame.

Salmon Maki 122kcal
Wasabi.

Tuna Maki 115kcal
Yellowfin, wasabi.

YO! Roll 140kcal
Salmon, avocado, mayo, orange masago roe.

California Roll 142kcal
Surumi, avocado, mayo, sesame.

Salmon Dragon Roll 178kcal
Salmon wrapped California roll, shichimi, spring onion.

Crispy Salmon Skin 114kcal
Crispy fried salmon skin, spring onion.

New! **Yasai Roll** 170kcal
Avocado, tamago, cucumber, inari, mayo.

Spicy Chicken Roll 130kcal
Chicken katsu, katsu sauce, shichimi.

Spicy Tuna Mini Roll 126kcal
Yellowfin, spring onion, spicy masago sauce, chives.

Crunchy Prawn Roll 127kcal
Prawn katsu, avocado, mayo, purple yukari.

Soft Shell Crab Roll 179kcal
Tempura crab, Japanese pickles, sweet chilli mayo, seaweed caviar.

New! **Blossom Roll** 199kcal
Crunchy prawn roll, spicy tuna topping, sweet sticky soy glaze.

Hand Rolls

Seaweed cone filled with rice.

California 179kcal
Surumi, avocado, mayo, sesame.

Salmon & Avocado 132kcal
Salmon, avocado, mayo, sesame.

Vegetable 184kcal
Soy beancurd, cucumber, sweet egg, mayo.

Crispy Salmon Skin 99kcal
Crispy fried salmon skin, spring onion, salad.

Make your own hand roll: Choose one filling from each section

- | | | | | | |
|----------|--|----------|--|----------|---|
| 1 | Hoisin duck
Soft shell crab tempura
Spicy tuna mix
Chicken katsu
Prawn katsu
Fresh salmon | 2 | Avocado
Cucumber
Sakurazuke (Pink pickled radish)
Spring onion
Salad
Inari beancurd | 3 | Mayo
Hot chilli sauce
Sweet chilli mayo
Katsu sauce
Sesame sauce
Su-miso |
|----------|--|----------|--|----------|---|

Share a #yoment



EXCLUSIVE

Only available at Selfridges

Fresh Crab & Mango ISO 140kcal
Fresh crab, avocado, mayonnaise, fresh mango, keta caviar.

Salmon Tempura Sashimi 125kcal
Premium salmon sashimi, wasabi masago, chives, nori.

Smoked Salmon & Cream Cheese ISO 291kcal
Premium smoked salmon, cucumber, cream cheese

Salads

Edamame 121kcal
Soy beans, Cornish sea salt.

New! **Sunomono Salad** 77kcal
Cucumber, wakame seaweed, ponzu, sesame.

Kaiso 120kcal
Sesame marinated Japanese seaweed, edamame, carrot, su-miso.

Goma 60kcal
Salad, cucumber, cherry tomatoes, radish, crunchy shallots, sesame sauce.

New! **Surumi, Wakame & Cucumber** 182kcal
Oceanstick, cucumber, seaweed, mayo, harusame.

Aubergine 82kcal
Fried aubergine, harusame, ginger.

Spicy Chicken 204kcal
Chicken thigh, edamame, carrot, ginger & garlic soy.

New! **Yuzu Cured Salmon** 125kcal
Salmon, cucumber, yuzu, dill, pickled red onion.

Desserts

Fresh Fruit 50kcal
Pineapple, cantaloupe melon, red grapes, strawberry, kiwi

Custard Dorayaki 138kcal
Japanese pancakes filled with custard.

Mochi
Soft & chewy Japanese rice cake balls.

Chocolate 204kcal

Strawberry Cheesecake 185kcal

New! **Apple Gyoza & Salted Miso Caramel** 114kcal
Hot apple & vanilla gyozas, salted miso caramel sauce

YO!
sushi

yosushi.com

Plate Rates

£2.00 £4.10 £5.00
£2.70 £4.50 £6.00
£3.60

sumo
sumo size
it bowls
£8.00



Miso  £2.20
unlimited refills



Tamago Nigiri 



Inari Pocket 



Kaiso Gunkan 



Avocado Maki 



Cucumber Maki 



Crispy Salmon Skin Roll 



Crispy Salmon Skin Hand Roll 



Edamame 



New!
Sunomono Salad 



Vegetable Firecracker Rice 



Vegetable Yakisoba 



Salmon Maki 



Tuna Maki 



New!
Yasai Roll 



Vegetable Hand Roll 



Kaiso Salad 



Goma Salad 



New!
Surumi, Wakame & Cucumber Salad 



New!
Miso Dumpling Ramen 



Chicken Yakisoba 



Vegetable Tempura 



Pumpkin Katsu 



Vegetable Gyoza 



Takoyaki 



Salmon Nigiri 



Seared Beef Nigiri 



New!
Albacore Tuna & Truffle Nigiri 



California Roll 



Spicy Chicken Roll 



California Hand Roll 



Aubergine Salad 



Custard Dorayaki 



Fresh Fruit 



New!
Tofu Katsu Curry 



Chicken Katsu 



Salmon Firecracker Rice 



Chicken Gyoza 



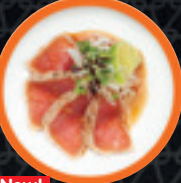
Chicken Teriyaki 



Kimchee Salmon Steamed Bun 



Beef Tataki 



New!
Albacore Tuna & Truffle Ponzu Sashimi 



YO! Roll 



Prawn Nigiri 



Salmon & Avocado Hand Roll 



Spicy Chicken Salad 



Chocolate Mochi 



Strawberry Cheesecake Mochi 



New!
Apple Gyoza & Salted Miso Caramel 



Hoisin Duck Steamed Bun 



Duck Gyoza 



Prawn Katsu 



£8 sumo
Spicy Seafood Udon 



New!
£8 sumo
Beef Curry Ramen 



£8 sumo
Chicken Katsu Curry 



£8 sumo
Prawn Katsu Curry 



Popcorn Shrimp Tempura 



Yellowfin Tuna Sashimi 



Salmon Sashimi 



Tuna Tataki & Ponzu 



Salmon & Yuzu Salsa Tataki 



Nigiri Selection 



Spicy Tuna Mini Roll 



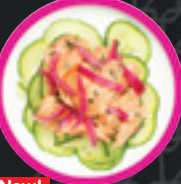
Salmon Dragon Roll 



Crunchy Prawn Roll 



Soft Shell Crab Roll 



New!
Yuzu Cured Salmon Salad 



Katsu Selection 



Salmon Selection 



New!
Nigiri & Maki Selection 



New!
Blossom Roll 



Beef & Garlic Teriyaki 



Hokkaido Scallop Katsu 



Soft Shell Crab Tempura 



Salmon & Yuzu Tartar 



Seared Tuna & Caviar Sashimi 



New!
Tilapia, Oba & Ponzu Tempura 



Fresh Crab & Mango ISO 



Salmon Tempura Sashimi 



Smoked Salmon & Cream Cheese ISO 

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