

enu

BREW BAR

We use high quality, specialty limited edition single origin coffee beans for our brew bar from the regions of Central, South America & Africa.



COFFEE

Our house coffee is a speciality single origin from Brazil



CAFFE LATTE	3.2
CAPPUCCINO	3.2
FLAT WHITE	3.2
AMERICANO	2.8
МОСНА	3.8
МАССНІАТО	3.5
LONG BLACK	2.8
ESPRESSO	2.6
CORTADO	2.8
TURKISH COFFEE	7.5
ALEX'S COFFEE Latte 12oz, single shot, maple syrup & oat milk	5.0

EL&N EXPRESSIONS

RED ROOIBOS LATTE7.5Our alternative to coffee that makes for a picture perfect Instagram moment. Red espresso, rooibos sweet & condensed milk7.5BLACK MAGIC LATTE7.5Stimulate your brain with our activated charcoal latte. It really is magic, with a touch of glitter, made with condensed milk	
#AVOLATTE 7.5 Green matcha & vanilla syrup, perfection	ALTE GOLD Turmer
LUCKY CHARMS LATTE 7.5 Sweet, crunchy & full of good fortune	& an op RUBY
BLUE SAPPHIRE LATTE 15 Crushed sapphire, blue flower petals, condensed milk & our exclusive matcha creates a royal blue gem of a drink	Raw be JADE Japane



SPANISH LATTES

All Spanish lattes have the option to be made with or without coffee & to be served hot or cold.

SPANISH With sweetened condensed milk	7.5
ROSE SPANISH Rose water, sweetened condensed milk & beetroot juice	7.5
PISTACHIO SPANISH Pistachio paste , crushed nuts, fresh milk	8.5
SPANISH ROYAL With a touch of saffron syrup	8.5



ALTERNATIVE LATTES GOLDEN Turmeric, cinnamon, pepper & an optional side of honey	6.0
RUBY Raw beetroot base	6.0
JADE Japanese matcha tea	6.0
SPICED CHAI Bombay style tea with spices & an optional side of honey	6.0
SAFFRON A sweet saffron syrup, with or without coffee	7.5



CHRISTMAS SPECIALS 5.0 SPICED PUMPKIN LATTE Spiced pumpkin syrup, a shot of coffee topped with whipped cream & cinnamon RED VELVET CAKE LATTE 7.5 Red velvet cake syrup, melted milk chocolate chips topped with whipped cream & sprinkles

TEA

EL&N LONDON TEA A pot of loose leaf quintessentially British tea

Sylhet Garden / Rooibos Red Berry / Lapsang Souchong / Gunpowder / Fresh Mint / Peppermint / Camomile / Earl Grey / Jasmine

FLORA TEA TM

A uniquely multi-sensorial journey through flora & fauna from our multi-award winning partners, Flora Tea[™]. A beautiful bloom in your teapot

COLD BREW

Sometimes all you need is a little time. We steep our rich and aromatic coffee grounds in filtered water overnight to release a deeper layer of flavour without the acidity. For a clean smooth finish to savour

ICED COFFEE	
Single origin cold brew coffee infused with pure nitrogen to create a creamy texture, foamy head & natural sweetness.	
NITRO COLD BREW	6
COLD BREW COFFEE	6

Cold espresso based drinks in a Greek style

FREDDO	ESPRESSO	4.5
FREDDO	CAPPUCCINO	5.5
FREDDO	LATTE	5.5

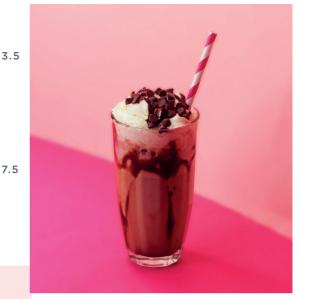
LEMONADE

Sweet lemonade with a fresh	
citrus after taste	
ROSE / MOJITO / ELDERFLOWER	4.5

FRAPPES

Iced, sweet smoothness with milk to cool down your day

VANILLA / CHOCOLATE COFFEE / MOCHA



REFRESHERS

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4.5

Let's chill! Take a moment to reflect and refresh with our cold drinks list

ICED TEA	5.5
Refreshing summer sweetness, made with delicious flavoured syrups Peach / Jasmine & Lime / Watermelon & Green Tea	
JUICES Apple / Pineapple / Orange / Carrot	5.5
SMOOTHIES Fresh fruit smoothies made with apple juice & ice (VG)	7.5
Mango & Passion Fruit / Strawberry & Bar Raspberry & Blackcurrant / Mango & Avor	
SOFT DRINKS Coke / Diet Coke / Sprite	3.5
WATER Still Small / Sparkling Small Still Large / Sparkling Large	3.5 5.0
ICED NUTELLA SHAKE Topped with whipped cream & milk chocolate sprinkles (N)	7.5
KOMBUCHA Strawberry / Ginger	4.8
GINGER SHOT Served hot or cold with a side of honey	4.9

HOT CHOCOLATE

All the decadence you desire. Our hot chocolates are created in collaboration with cocoa masters

DARK / MILK / WHITE / NUTELLA (N) **5.5** Add mint, hazeInut, cherry, vanilla, **+50p** caramel or salted caramel

+50p

5.0

Add marshmallow or whipped cream

SELFRIDGES EXCLUSIVE COFFEE

GOLDEN PRINCESS 5.0 A cold brew tea, luxuriously infused over night. This fine tea combines carefully selected rare ingredients for a smooth, rich & nutty finish

NITRO MATCHA The perfect partnership between aromatic matcha & lively nitrogen. This is a velvety, refreshing, creamy & tempting pick

CROISSANTS

SMALL PLAIN WITH BUTTER & JAM (V)	2.0
LARGE PLAIN WITH BUTTER & JAM (V)	2.5
CHOCOLATE & HAZELNUT (V) (N) / PISTACHIO (V) (N)	3.0
PINK ROSE & RASPBERRY (V)	3.5
CHEESE & TOMATO (V) (S)	4.75
CHEESE & ZA'ATAR (V) (N) (S)	4.75



BREAKFAST BOWLS

ACAI BOWL 8.5 Homemade granola, fresh banana, passion fruit & mixed summer berries (VE) (N) (S)

PINK BIRCHER MUESLI	7.5
Soaked in apple juice, oat milk & coconut	
yogurt, topped with apple, mixed nuts,	
blueberry powder & mixed summer berries	
(VE) (N) (S)	

5	TOASTED RASPBERRY & COCONUT BREAD Lemon curd, coconut yogurt, toasted mixed nuts, pomegranate	6.95
	& mixed summer berries (V) (N) (S) PINK PORRIDGE	5.95

Hot bircher made with coconut milk & oat milk with mixed nuts, apple & mixed berries (VE) (N) (S)

EGGS BY EL&N

SIGNATURE SMASHED AVO

Coriander, fresh chili, beetroot hummus, toasted omega seeds, black sesame seeds, poached free range egg, pomegranate, served on bespoke toasted pink sourdough bread (V) (N) (S)

+Smoked salmon	+3.95
+Crumbled feta	+1.5
+Poached free range egg	+2.75



SHAKSHUKA

12.95

Baked free range eggs in our signature red pepper tomato sauce with feta, pomegranate & black sesame seeds. Served with grilled dukkha flatbread and hummus (V) (S) (N)

+ Grilled cour	rgette & auberg	gine	+3.25
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MEDITERRANEAN 11.5 BREAKFAST MEZZE

Poached free range egg, beetroot hummus, red pepper tapenade, tzatziki, spiced chickpeas, sliced avocado, black sesame seeds & dukkah flatbread. (V) (N) (S)

+Grilled courgettes & aubergines +3.25

+Smoked salmon +3.95

ENGLISH MUFFINS

10

Poached free range eggs with hollandaise sauce, pomegranate seeds & black sesame seeds (V) (S)

+Smashed avacado	+2.95
+Smoked salmon	+3.95



SANDWICHES

WHITE TRUFFLE CHEESE

7.5

White truffle oil, cheddar, mozzarella, harissa paste, spinach, toasted omega seeds served in bespoke pink sourdough bread with honey & mustard dressed salad (V) (N) (S)

GRILLED SPICY TUNA SANDWICH

8.5

Tuna, mayonnaise, dill, parsley, gherkins, basil pesto, jalapenos, sliced avocado, chilli sauce, toasted omega seeds, served in toasted rye & multi seeded panini with honey & mustard dressed salad (N) (S)

SELFRIDGES EXCLUSIVE SANDWICHES

AVOCADO, ROASTED BROCCOLI 7.95 & SWEET CHILI JAM

Omega seeds & falafel. Served in our bespoke pink sourdough (VE) (S)

SANDWICHES

CHEESE & 7A'ATAR FLATBREAD

Grilled cheddar, mozzarella, tzatziki, parslev & za'atar spice, toasted omega seeds served on dukkah flatbread with honey & mustard dressed salad (V) (N) (S)

FALAFFI WRAP

7 95

Sweet potato falafel, beetroot hummus, tzatziki, red peppers, cucumber, spinach. toasted omega seeds & za'atar spice. served with honey & mustard dressed salad (V) (N) (S)

SICILIAN CHICKEN SANDWICH

9.0

Marinated Sicilian chicken breast, basil pesto, sundried tomatoes, rocket, mozzarella, toasted omega seeds served in bespoke pink sourdough bread with honey & mustard dressed salad (N) (S)

HERITAGE TOMATO & MO77ARELLA ELATBREAD

7.5

Basil pesto, mozzarella, dressed heritage tomatoes, garlic, mustard cress, toasted omega seeds served on toasted flatbread with honey & mustard dressed salad (V) (N) (S)

SMOKED SALMON FLATBREAD

9.5

Poached free range egg, smoked salmon, tzatziki, toasted omega seeds. on toasted flatbread with honey & mustard dressed salad (N) (S)





LARGE PLATES

PINK RIBBON PASTA	9.5
Pink linguine pasta, heritage tomatoes, garlic, extra virgin olive oil, parsley, basil, omega seeds & black sesame seeds. Served in a rich red pepper and sundried tomato sauce. Served hot (V) (S)	
+ Grilled chicken	+3.5
+ Crumbled Feta	+1.5

MEDITERRANEAN BAKED 12.95 CHICKEN

Grilled aubergine & courgettes, marinated Sicilian chicken, our signature red pepper & tomato sauce, mozzarella, parmesan, dressed heritage tomatoes & black sesame seeds served with flatbread (N) (S)

BEEF LASAGNE

12.95

Aubergine, feta, mozzarella, beef, parmesan, basil pesto, our signature red pepper & tomato sauce with black sesame seeds (N) (S)

EXTRAS & SIDES

HUMMUS & FLATBREAD (VE) (N) (S)	4.5
BEETROOT HUMMUS & FLATBREAD (VE) (N) (S)	5.5
MIXED LEAVES SALAD	3.5

Dressed with honey & mustard (VE) (S)

CAKES

PINK PAVLOVA Pink meringue, vanilla & white chocolate whi ganache, raspberry compote & fresh fruit (V)	
STRAWBERRY CHEESECAKE Cream cheese bavarois, strawberry insert & a vanilla short crust base	7.5
COCONUT & GUAVA CAKE Almond dacquoise, coconut & pineapple compote, guava whipped ganache & fresh fruit (N)	7.5
BANOFFEE TART Chocolate shortcrust, almond sponge, dulce de leche, caramelised bananas, caramel chocolate ganache & banana mousse (N)	7.5

6.95

HAZELNUT & CHOCOLATE ROULADE Cocoa roullade, hazelnuts & chocolate spread, hazelnut frosting & a hazelnut & chocolate crunchy glaze (V) (N)



CARROT CAKE Carrot sponge, cream cheese frosting	7.5
flavoured with citrus, vanilla & tonka bean	s (N)
ROSE MACARON Almond macaron, rose milk chocolate ganache & raspberry compote (V) (N)	7.5
FRESH FRUIT SPONGE CAKE Almond sponge, vanilla & agrums cream with fresh fruit (N)	7.5
STRAWBERRY TART Vanilla shortcrust, almond frangipane, creme patissiere, flavoured tonka beans, fresh fruit & whipped white chocolate ganache (N)	7.5
LEMON CURD & MERINGUE CAKE Vanilla sponge, lemon curd, lemon soft cream & meringue((V)	6.95
RED VELVET CAKE Red velvet sponge & a cream cheese filling (V) (N)	7.9
STRAWBERRY SPONGE CAKE Vanilla sponge, strawberry compote, meringue butter cream frosting (V)	7.9

PISTACHIO & ROSE CAKE 7.5 Pistachio sponge, soft rose cream topped with crunchy pistachios (V) (N)



BLACK FOREST HEART 7.9 Chocolate sponge, cherry, chocolate mousse & vanilla whipped cream (N)

CARAMEL & MACADAMIA 7.5 CHEESECAKE Digestive biscuit base, cream cheese mousse, macadamia nuts & caramel (V) (N)

CHOCOLATE & CARAMEL CAKE Chocolate sponge, chocolate frosting & soft caramel (V) (N)	7.9	
PINK COOKIES Vanilla & chocolate cookies, caramel whipped ganache, chocolate glaze (V) (N)	6.95	
VEGAN PUMPKIN & COCONUT CAKE With a hint of cinnamon (VE)	5.5	30
PLAIN BROWNIE (V)	4.5	
GARSAGEEL SAFFRON & ROSE CAKE(V) (S)	9.75	in the second
Ice Cream (N)	6.0	
Pistachio(V) / Salted Caramel(V) / Chai Latte(V) /		

Chai Dark Chocolate Sorbet(VE) /

Saffron Dulche(V) / Spanish Latte(V)



Eat. live and nourigh

Tag is in your pictures @elan_cafe



(V) Vegetarian (VE) Vegan (N) Contains Nuts (S) Contains Sesame Seeds

Soy, almond, rice, oat and cashew milk alternatives are available at no extra cost. Please speak with a member of the team about any allergies before ordering, we cannot guarantee any of our dishes are free from allergens and therefore cannot accept any liability in this respect. Desserts may contain traces of gluten and nuts.

Please note that the maximum stay is 45 minutes.

Park Lane • Brompton Road • Market Place • Selfridges • Hans Crescent • Lowndes Street • EL&N X L'OCCITANE - Regent Street