

ALL DAY MENU  
SERVED DAILY

Wild Mushroom and  
Truffle Rice Balls v £6.75

Salt-crusted  
Sourdough Bread v £4.50

Zucchini Fritti v £5.95



BRASSERIE OF LIGHT

STARTERS

Creamed Cauliflower Soup, Truffle and Chervil v £6.95

Avocado and Sesame Fried Chicken  
with Coriander, Green Tea and Chia Seed,  
Jalapeño Dip £8.50

Popcorn Shrimp, Creamy Spicy Sauce £9.50

Caramelised Sea Scallops, Celeriac, Sage  
and Truffle Sauce £13.50

Warm Goat's Cheese, Beetroot,  
Wholegrain Mustard and Maple Dressing v £8.25

Oak Smoked Salmon with Rye Bread £10.50

Raw and Pickled Vegetable Rice Paper Rolls,  
Peanut Sauce vg £8.50

Burrata, Crushed Hazelnuts, Tomato,  
Quince and Aged Balsamic v £10.95

Spiced Green Gordal Olives with  
Chilli, Coriander and Lemon vg £3.50

Tuna Tacos, Watermelon, Pickled  
Radish, Sesame and Truffle £6.95

Fire Roast Peanuts  
and Cashews v £3.50

King Crab with Avocado  
and Watermelon £17.95

Steak Tartare, Mustard and Tabasco Sauce £11.50

Tuna Crudo, Avocado, Jalapeño,  
Cucumber and Coriander £10.95

Chicken Dumpling, Truffle and Citrus £9.50

EGGS & SALADS

Bang Bang Chicken Salad,  
Peanut Butter and Chilli Sauce  
£8.95 / £15.95

Shaved Vegetable Salad with Avocado Houmous,  
Toasted Seeds, Mustard Dressing and Picked Herbs vg  
£7.95 / £13.95

Eggs Benedict with Chips  
£12.95

Eggs Royale with Smoked Salmon and Chips  
£13.95

Lobster Benedict with Spinach and Chips  
£25.95

Pumpkin Tortellini with Truffle,  
Sage and a Light Cheese Foam v  
£9.75 / £16.95

Poached Eggs with Avocado and Quinoa,  
Sesame Sauce, Sprouting Broccoli, Pomegranate v  
£12.50

MAINS

Sole Goujons £16.95  
Minted Peas, Tartare Sauce and Fries

**Butternut and Saffron Risotto v £13.95**  
Goat's Cheese, King Oyster  
Mushroom and Rocket

Pan-fried Sea Bass Fillet £22.95  
Braised Fennel, Tomato and Olive

Halloumi Open Sandwich v £11.95  
Grilled Halloumi, Avocado, Black Olives, Red Pepper,  
Tomato and Yuzu Mayonnaise

Roast Lamb Shoulder £21.95  
Smoked Aubergine, Tomato, Grape Mustard and Rosemary Sauce

Chicken Milanese £17.50  
Brioche-crumbed Chicken Breast with San Marzanino Tomatoes,  
Capers, Rocket, Parmesan and Pesto

Wild Mushroom, Truffle, Broccoli vg £14.95  
and Hazelnut Rice Bowl with Edamame

Spaghettini with Lobster £29.75  
Blistered Datterini Tomatoes, Chilli and Garlic

Shrimp and Avocado Burger £17.50  
Pickled Fennel and White Radish

Flat-iron Chicken £18.95  
Wild Mushroom Sauce and Truffled Mashed Potato

Blackened Cod £22.95  
Charred Sprouting Broccoli with Wasabi Mayo  
and Truffle Wafu Dressing

Grilled Turbot £34.95  
with Shrimps, Samphire and Brown Butter

Hamburger £15.50  
Club Sauce and Dill Pickles served on a Potato Bun with Fries  
Add Mature Cheddar £1.75 | Add Crispy Bacon £2

Fillet Steak 7oz/198g £29.50  
English, Grass-fed, Centre Cut

Rib Eye Steak 12oz/340g £32.50  
English, Dry Aged on the Bone

Sauces £2.95  
Béarnaise Sauce | Green Peppercorn Sauce  
Red Wine and Rosemary Sauce  
Hollandaise Sauce | Wild Mushroom Cream Sauce

SIDES

Green Herb Salad vg £4.50  
with Avocado

Wild Rocket £4.50  
and Parmesan

Green Beans vg £3.95  
with Almonds

Sprouting Broccoli vg £4.50  
with Lemon and Olive Oil

Fries vg £4.50

Sweet Potato Fries vg £5.50  
with Fresh Chilli

Steamed Rice vg £3.75  
and Red Quinoa

Tomato vg £3.95  
and Basil Salad

Truffled Mashed Potato v £4.95

AFTERNOON TEA  
from 3pm - 5pm

PEGASUS AFTERNOON TEA £35  
Includes a choice of Teas, Infusions or Coffees  
PER PERSON - FOR TWO ONLY

SAVOURIES

Smoked Salmon on Rye Bread

Feta, Fennel and Red Pepper Puffs v

Lobster, Mango and  
Avocado Cocktail

Shredded Asian Vegetable  
Rice Paper Rolls vg

SWEET

Chocolate  
Bubble Shot v

Mini Pegasus Pie v

Golden Apple

Passion Fruit  
Butterfly Meringue v

TRADITIONAL AFTERNOON TEA £29.95  
Includes a choice of Teas, Infusions or Coffees  
PER PERSON

SELECTION OF FINGER SANDWICHES

Marinated Cucumber, Dill, White Bloomer v

Egg Mayonnaise, Watercress, Granary v

Ham, English Mustard Mayonnaise,  
Multi Seed

Smoked Salmon, Cream Cheese,  
Beetroot Bread

WARM FRUIT SCONES v  
Dorset Clotted Cream and Strawberry Preserve

SWEET

Cherry Trifle with  
Crème Pâtissière v

Coconut and Passion Fruit Cream Cake v

Raspberry Macaroon v

Chocolate Layered  
Opera Cake v

CREAM TEA £8.75

Includes a choice of Teas, Infusions or Coffees

Freshly Baked Fruited Scones, Dorset Clotted Cream and Strawberry Preserve v

TRADITIONAL CHAMPAGNE AFTERNOON TEA £39.95

Includes a choice of Teas, Infusions or Coffees | PER PERSON

Afternoon Tea with a Glass of Champagne

PLEASE ASK TO SEE OUR DESSERT MENU

Please always inform your server of any allergies before placing your order as not all ingredients can be listed and we cannot guarantee the total absence of allergens in our dishes. Detailed allergen information is available on request and



THERE ARE NO ENDANGERED FISH ON THIS MENU  
SUPPORT PROJECT OCEAN  
sealrldges.com/projectocean

v - vegetarian vg - vegan

allergen charts can be found at the waiters stations or your waiter can bring you a copy. Consuming raw or undercooked meats may increase your risk of foodborne illness. A discretionary optional service charge of 12.5% will be added to your bill.