

Elizabeth D Bakes Vegan Treat Selection Box 540g

Contains Pecan Pie, mini Carrot Cake, Chocolate Chip Cookies, Chocolate Fudge Brownie and Pistachio Brownie.

Pecan Pie

Ingredients

Oats , almonds (nuts), pure maple syrup, coconut oil, naturli vegan block (shea butt, coconut oil, rapeseed oil, almond (nuts), carrot juice, emulsifier organic lecithin, lemon juice, natural flavouring), brown sugar, pecans (9%) (nuts), granulated sugar, flaxseeds, natural vanilla extract, salt. Made in a bakery that handles milk, eggs, nuts and peanuts.

Allergen Information

For allergens, see ingredients in bold

Nutritional Information

Portion Size 100 g

Energy - (kj) 2131 per 100g

Energy - kcal 512 per 100g

Fat (g) 35 per 100g

Fat of which Saturated (g) 14 per 100g

Carbohydrates (g) 41 per 100g

Carbohydrates of which Sugars (g) 27 per 100g

Protein (g) 8 per 100g

Salt (g) 0.6 per 100g

Chocolate Chip Cookies

Ingredients

Gluten-free flour blend (rice, potato, tapioca, size, buckwheat), brown sugar, granulated sugar, naturli vegan block (shea butt oil, water, coconut oil, rapeseed oil, salt, almond (nuts), carrot juice, emulsifier organic lecithin, lemon juice, natural flavouring), chocolate 48% (cocoa mass, sugar, dextrose, emulsifier soya lecithin), coconut milk, flaxseeds, cornflour, baking powder, natural vanilla extract, salt. Made in a bakery that handles milk, eggs, nuts and peanuts.

Allergen Information

For allergens, see ingredients in bold

Nutritional Information

Portion Size 100 g

Energy - (kj) 1844 per 100g

Energy - kcal 439 per 100g

Fat (g) 20 per 100g

Fat of which Saturated (g) 10 per 100g

Carbohydrates (g) 63 per 100g
Carbohydrates of which Sugars (g) 30 per 100g
Protein (g) 3.5 per 100g
Salt (g) 0.3 per 100g

Chocolate Fudge Brownie

Ingredients

Gluten-free plain flour blend (rice, potato, tapioca, maize, buckwheat), coconut oil, coconut milk, chocolate 48% (cocoa mass, sugar, dextrose, emulsifier soya lecithin), granulated sugar, brown sugar, baking powder, coffee, natural vanilla extract, lemon juice, salt. Made in a bakery that handles milk, eggs, nuts and peanuts.

Allergen Information

For allergens, see ingredients in bold

Nutritional Information

Portion Size 100 g
Energy - (kj) 1775 per 100g
Energy - kcal 425 per 100g
Fat (g) 25 per 100g
Fat of which Saturated (g) 20 per 100g
Carbohydrates (g) 46 per 100g
Carbohydrates of which Sugars (g) 27 per 100g
Protein (g) 3.3 per 100g
Salt (g) 0.3 per 100g

Pistachio Brownie

Ingredients

Granulated Sugar, Chocolate - min cocoa 55% (cocoa mass, sugar, cocoa butter, emulsifier: soya lecithin, natural vanilla flavouring), Coconut Oil, Brown Rice Flour, Chia Seeds, Pistachios (6%) (nuts), Cocoa, Salt, Natural Vanilla Extract. Made in a bakery that handles milk, eggs, nuts and peanuts.

Allergen Information

For allergens, see ingredients in bold

Nutritional Information

Portion Size 100 g
Energy - (kj) 1650 per 100g
Energy - kcal 392 per 100g
Fat (g) 15.9 per 100g
Fat of which Saturated (g) 6.2 per 100g
Carbohydrates (g) 56.7 per 100g
Carbohydrates of which Sugars (g) 36.3 per 100g

Fibre (g) 4.8 per 100g
Protein (g) 3.2 per 100g
Salt (g) 0.4 per 100g

Mini Carrot Cake

Ingredients

Carrots (21%), gluten-free flour blend (rice, potato, tapioca, maize, buckwheat, sodium bicarbonate, mono calcium phosphate, xanthan gum), granulated sugar, walnuts (nuts), brown sugar, sunflower oil, almond milk (contains nuts) (water, almond (2.3%), calcium (tri-calcium phosphate), sea salt, stabilisers (locust bean gum, gellan gum), emulsifier (sunflower lecithin), vitamins (B2, B12, E, D2)), desiccated coconut, flaxseeds, icing sugar, psyllium husks, lime juice, cinnamon, lemon zest, ground ginger, bicarbonate of soda, salt. Made in a bakery that handles milk, eggs, nuts and peanuts.

Allergen Information

For allergens, see ingredients in bold

Nutritional Information

Per 100g

Energy (kj) 1383 (kcal) 332

Fat 19.7g

Of which saturates 5.1g

Carbohydrate 35.7

Of which sugars 21.7

Fibre 2.2g

Protein 3.4g

Salt 0.5 g

Product Claims

Suitable For

Coeliacs

Vegans

Vegetarian

Storage Information

Store in a cool, dry place

Country of Origin

United Kingdom

Online Food Disclaimer

While Selfridges takes reasonable care to ensure the information (including allergen) appearing on our website is correct, recipes and ingredients are subject to changes by our suppliers & manufacturers.

To ensure you are reviewing the most up to date information PLEASE CHECK THE PRODUCT PACKAGING BEFORE CONSUMPTION.