

Selfridges Selection Vegan cheese selection - 5 items included

Includes: I AM NUT OK Mature cheddary vegan cheese 120g, I AM NUT OK Miner Treat cheese 120g, I AM NUT OK Nerominded Cheese 120g, I AM NUT OK Sauvignonsense 120g, Peter's Yard Poppy seed sourdough crackers 100g

I AM NUT OK Mature cheddary vegan cheese 120g

Ingredients

Cashew Nuts(Nuts), Water, Coconut Oil, Nutritional Yeast, Sea Salt, Miso(Soy), Live Cultures,

Allergen Information - Contains

For allergens, please see ingredients in bold

Nuts

Soya

May contain Allergens

Nuts

Product Claims - Suitable For

Ovo Lacto Vegetarian

Lactose Intolerance

Ovo Vegetarian

Vegans

Nutritional Information

Portion Size 0 g

Energy - kJ 1531.00 per 100g

Energy - kcal 367.00 per 100g

Fat (g) per 100g

Fat of which Saturated (g) 11.00 per 100g

Carbohydrates (g) 17.00 per 100g

Carbohydrates of which Sugars (g) .40 per 100g

Fibre (g) .00 per 100g

Protein (g) 10.00 per 100g

Salt (g) 1.50 per 100g

Storage Information

Chilled -2c to 5c

Preparation Instructions

Ready to eat

Country of Origin

United Kingdom

I AM NUT OK Miner Treat cheeses 120g

Ingredients

Live cultures, Cashew Nuts(Nuts), Water, Coconut Oil, Nutritional Yeast, Sea Salt, Garlic, Onion, Hickory Smoke, Activated Charcoal, Tapioca,

Allergen Information - Contains

For allergens, please see ingredients in bold Nuts

May contain Allergens

Nuts

Product Claims - Suitable For

Ovo Lacto Vegetarian

Lactose Intolerance

Ovo Vegetarian

Vegans

Vegetarian

Nutritional Information

Portion Size 120 g

Energy - kJ 1530.00 per 100g / 1836.00 Per Portion

Energy - kcal 367.00 per 100g / 440.00 Per Portion

Fat (g) 36.00 per 100g / 43.20 Per Portion

Fat of which Saturated (g) 11.00 per 100g / 13.20 Per Portion

Carbohydrates (g) 17.00 per 100g / 20.40 Per Portion

Carbohydrates of which Sugars (g) .40 per 100g / .50 Per Portion

Fibre (g) 1.00 per 100g / 1.20 Per Portion

Protein (g) 9.80 per 100g / 11.80 Per Portion

Salt (g) 1.70 per 100g / 2.04 Per Portion

Storage Information

Chilled -2c to 5c

Preparation Instructions

Ready to eat

Country of Origin

United Kingdom

I AM NUT OK Nerominded Cheese 120g

Ingredients

Cashew Nuts(Nuts), Water, Coconut Oil, Nutritional Yeast, Organic Miso(Soya), Truffle Oil, Sea Salt, Garlic, Activated Charcoal, Live Cultures,

Allergen Information - Contains

For allergens, please see ingredients in bold

Nuts

Soya

May contain Allergens

Nuts

Product Claims - Suitable For

Ovo Lacto Vegetarian

Lactose Intolerance

Ovo Vegetarian

Vegans

Vegetarian

Nutritional Information

Portion Size 120 g

Energy - kJ 1561.00 per 100g / 1873.00 Per Portion

Energy - kcal 374.00 per 100g / 449.00 Per Portion

Fat (g) 37.00 per 100g / 44.40 Per Portion

Fat of which Saturated (g) 11.00 per 100g / 13.20 Per Portion

Carbohydrates (g) 17.00 per 100g / 20.40 Per Portion

Carbohydrates of which Sugars (g) .50 per 100g / .60 Per Portion

Fibre (g) 1.00 per 100g / 1.20 Per Portion

Protein (g) 10.00 per 100g / 12.00 Per Portion

Salt (g) 1.60 per 100g / 1.92 Per Portion

Storage Information

Chilled -2c to 5c

Preparation Instructions

Ready to eat

Country of Origin

United Kingdom

I AM NUT OK Sauvignonsense 120g

Ingredients

Cashew Nuts(Nuts), Water, Coconut Oil, Sea Salt, Onion, Wine Powder, Live Cultures,

Allergen Information - Contains

For allergens, please see ingredients in bold

Nuts

May contain Allergens

Mustard

Soya

Product Claims - Suitable For

Free from alcohol

Ovo Lacto Vegetarian

Lactose Intolerance

Ovo Vegetarian

Vegans

Vegetarian

Nutritional Information

Portion Size 100 g

Energy - kJ 1341.00 per 100g / 1341.00 Per Portion

Energy - kcal 323.00 per 100g / 323.00 Per Portion

Fat (g) 25.00 per 100g / 25.00 Per Portion

Fat of which Saturated (g) 5.00 per 100g / 5.00 Per Portion

Carbohydrates (g) 14.00 per 100g / 14.00 Per Portion

Carbohydrates of which Sugars (g) 7.00 per 100g / 7.00 Per Portion

Fibre (g) .00 per 100g

Protein (g) 10.00 per 100g / 10.00 Per Portion

Salt (g) 1.60 per 100g / 1.60 Per Portion

Storage Information

Chilled -2c to 5c

Preparation Instructions

Ready to eat

Country of Origin

United Kingdom

Peter's Yard Poppy seed sourdough crackers 100g

Ingredients

Wheat Flour(Cereals containing gluten), Rye Flour(Cereals containing gluten), Sourdough (Rye Flour, Water)(Rye), Rapeseed Oil, Muscovado Sugar, Poppy Seeds, Sea Salt

Allergen Information - Contains

For allergens, please see ingredients in bold
Cereals containing Gluten

May contain Allergens

Peanuts

Sesame

Product Claims - Suitable For

Free from alcohol

Vegans

Vegetarian

Nutritional Information

Portion Size 20 g

Energy - kJ 1748.00 per 100g / 350.00 Per Portion

Energy - kcal 415.00 per 100g / 83.00 Per Portion

Fat (g) 11.00 per 100g / 2.20 Per Portion

Fat of which Saturated (g) .90 per 100g / .20 Per Portion

Carbohydrates (g) 65.00 per 100g / 13.00 Per Portion

Carbohydrates of which Sugars (g) 3.30 per 100g / .70 Per Portion

Fibre (g) 7.20 per 100g / 1.40 Per Portion

Protein (g) 11.00 per 100g / 2.20 Per Portion

Salt (g) 1.80 per 100g / .36 Per Portion

Storage Information

Please store in a cool, dry place.

Preparation Instructions

Ready to eat

Country of Origin

United Kingdom

For bespoke hampers and earlier delivery dates, please call 0207 318 3458 or email hampers@selfridges.co.uk to speak with our in-house service team. For corporate enquiries, please contact corporate.gifting@selfridges.co.uk

Online Food Disclaimer

While Selfridges takes reasonable care to ensure the information (including allergen) appearing on our website is correct, recipes and ingredients are subject to changes by our suppliers & manufacturers.

To ensure you are reviewing the most up to date information PLEASE CHECK THE PRODUCT PACKAGING BEFORE CONSUMPTION.