ETHOS

DELICIOUSLY DIFFERENT

MEAT FREE & PLANT BASED DELI

SALAD

- TEMPEH CEASER SALAD W. CRISPY SEITAN 'BACON' (V)
- HERITAGE TOMATO W. LOVAGE & HOMEMADE CROUTONS (V)(GF)
- ROASTED SWEET POTATO, BETROOT, ORANGE & TOASTED WALNUTS (V)(GF)
- EDAMAME & PAPAYA RAINBOW SALAD (V)(GF)
- CAULIFLOWER RICE W. GRILLED COURGETTES (V)(GF)
- CUCUMBER & MANGO SALAD W. TOASTED PEANUTS (V)(GF)
- PEARL BARLEY W. PORTOBELLO MUSHROOMS, SMOKED TOFU & SWEET POTATO (V)
- BROCCOLI W. CONFIT GARLIC, CANDIED CHILLIES & SUNDRIED TOMATOES (V)(GF)

SMALL PLATES

- SEITAN ROLL W. TOASTED SESAME SEEDS (V)
- BROCCOLI TOTS W. A HOMEMADE BRIE & CHEDDAR SAUCE
- AVOCADO W. ARTICHOKE HEARTS, PEPPER, ASPARAGUS & PUFFED QUINOA (V)(GF)
- TOFU SUMMER ROLLS W. HOMEMADE SWEET CHILLI SAUCE (V)(GF)
- SPINACH DUMPLINGS
- PULLED BBQ JACKFRUIT W. DEHYDRATED PINEAPPLE & TORTILLA CHIPS (V)
- ALOO SCOTCH EGGS
- RED PEPPER & CHILLI PILAF (V)
- ROMAINE LETTUCE TACOS W. HOMEMADE SEITAN SAUSAGE W. AIOLI (V)

(GF) GLUTEN FREE (V) VEGAN

SWEET TREATS

CHOCOLATE ORANGE CHEESECAKE V GF

TURMERIC & LEMON CHEESECAKE V GF

PEANUT BUTTER CUPS V GF

VANILLA BERRY CHEESECAKE V GF

MATCHA FUDGE CHOCOLATE HEARTS V GF

RASPBERRY FUDGE BARS W. HAZELNUT CHOCOLATE BASE V GF

TART

DARK CHOCOLATE & TOFU TART V